

Lifesize Pong Rules

General

The *RecSports Participant Handbook* will govern all aspects of play not considered playing rules of the sport. Participants are expected to follow the Handbook rules of conduct as well as the sport-specific rules outlined below. The Handbook is available at und.edu/RecSports. Key Handbook items include:

- **Updates for 2023-2024'** - Handbook pg. 4
- **Alcohol, Tobacco, and Illegal Drugs** – Handbook pg. 6
- **Participant Eligibility/ID Requirements** – Handbook pg. 7
- **Playoff Requirements** – Handbook pg. 9
- **Captain Responsibilities** – Handbook pg. 10
- **Team Name Requirements** – Handbook pg. 12
- **Registration & Payment** – Handbook pg. 14
- **Default/Forfeit Instructions and Consequences** – Handbook pg. 17
- **Adding Players to Roster/Participation Limits** – Handbook pg. 18
- **Appropriate Attire** – Handbook pg. 19
- **Team/Participant Conduct** – Handbook pg. 21

Schedules

Schedules for league play are posted online through Fusion IM's.

Facility

All games will be played at the Wellness Center and can be played either inside or outside.

Questions

Please feel free to contact RecSports with any questions or concerns.

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Players, Rosters, and Substitutions

- Games are played 2v2.
- Teams can consist of 3 rostered players, but only 2 can play in any game.

Equipment/Court Set-Up

- Cups will be set up in a pyramid like setup with one cup at the top, two in the second row, three in the third row, and four in the back row.
- Cups and balls will be supplied by the Wellness Center.
 - These will be the only acceptable equipment for competition. No personal equipment will be allowed unless granted by RecSports Staff.
- Cups will be set up approx. 27 ft. apart.
- Each team will have one player beside each set of cups.
- If teams cannot decide which side they will toss from, flip a coin to decide who chooses.

The Game

- Matches will be played best 2 out of 3.
- Every match is first to make all the cups of the opposing team
 - All balls should be thrown during an attempt of offense
- When throwing the ball, a player must not step over the foul line (the front of the cups).
- The player or team that scores the most cups will throw first on the next rotation
 - If neither player or team scores, the player or team who pitched first in the preceding rotation shall retain first pitch.
- Players can attempt to throw the ball any way they like
- Players must pitch all of their balls from their designated side of the cups for the entirety of the game.

Scoring

- Pong will be played until every cup has been made and removed from a teams side
 - If a team makes both balls into the same cup, the opposing team will remove an additional 1 cup of their choosing

Miscellaneous

- **Games will be self-governed.**
- **The winning team will report the score to the RecSports staff member that is working**